

Tablespoons Café & Deli

10 Erie Ave St. Marys PA 15857
(814) 781- TBL5 (8257)

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www.tblscafestmpa.com

Monday-Thursday → 11-5 Friday → 11-3 Saturday-Sunday → Closed

Soup:

Spätzle \$4 → Bowl \$3.00 → Cup **Ask about the soup of the day!**

Soup of the Day \$4.50 → Bowl \$3.50 → Cup

Salad: **HALF SALADS AVAILABLE**

Fruited Spinach: \$8.99 Add Chicken → \$4

Fresh Baby Spinach loaded with fresh seasonal fruit, roasted almonds and served with our own poppy seed dressing. Served with a warm breadstick.

Garden: \$8.99 Add Chicken → \$4

Fresh spring mix, tomato, cucumber, red onion, sweet peppers, carrots, radishes and croutons. Choose your dressing. Served with a warm breadstick.

Cobb: \$10.99

Fresh spring mix, turkey, ham, bacon, tomato, red onion, avocado, hard-boiled egg & feta. Choose your dressing. Served with a warm breadstick.

Dressing Choices: TBL5 Italian, TBL5 Poppy Seed, TBL5 Apple Vinaigrette, Raspberry Vinaigrette, Ranch, Honey French, Thousand Island

Sandwich: Build Your Own

All sandwiches served with chips & pickle

One Meat: \$7.99 Two Meat: \$8.49

Meats: Turkey. Virginia Baked Ham. Roast Beef. Corned Beef. Bacon. Salami.

Cheese: Cooper. American. Hot Pepper. Provolone. Swiss.

Bread: Hearty White. Wheat Berry. Rye.

Other: Tomato Basil & Whole Wheat Wrap

Top it off: Lettuce, Tomato & Onion

Wraps:

Turkey Bacon Wrap: \$8.49

Turkey, bacon, American, lettuce & tomato.

BLT Wrap: \$7.99

Bacon, cheddar, lettuce & tomato.

Turkey Caesar: \$8.49

Turkey, parmesan & mozzarella, tomato, lettuce, croutons & Caesar dressing.

Veggie Wrap: \$7.99

Spring mix, hummus, cucumber, tomato, sweet pepper, red onion, carrots.

Chipotle Beef: \$8.49

Roast Beef, cheddar, lettuce, tomato, & chipotle mayo sauce

BLT: \$7.49

A classic! Choice of bread, bacon, lettuce & tomato.

Grilled Cheese: \$7.49

Choice of bread. Choose the cheese, please!

Chicken Salad: \$7.99

Choice of bread, lettuce, tomato & onion.

Tuna Salad: \$7.99

Choice of bread, lettuce, tomato & onion.

Peanut Butter & Jelly: \$5.49

White, Wheat or Rye? Just PB? Just Jelly?

TRY IT GRILLED!!

Sides: \$3.00

3 Bean Baked Beans

Pickled Eggs (2)

Vinegar Slaw

Potato Salad

Tomato & Cucumber Salad

We Offer Pepsi Products → \$1.99

Free Refills!

Pepsi, Diet Pepsi, Mt. Dew, Mist Twist,
Raspberry, Unsweetened Tea & Lemonade

Coffee → \$1.59 Hot Tea → \$1.59

Grilled Spam: \$7.99

Choice of bread, hot pepper cheese & sautéed onion.

Meatball Sub: \$9.49

Fresh sub roll, provolone & parmesan. Homemade sauce & meatballs!

Philly Cheese Steak: \$9.49

Sub roll, American cheese, beef, peppers, onions & our homemade red sauce.

Chicken Margharitta: \$8.99

Grilled chicken breast, provolone, pesto, lettuce & tomato.

Southwestern Chicken: \$8.99

Grilled chicken breast, hot pepper cheese, bacon, peppers, onion & tomato.

Ask for a side of Chipotle Mayo!

Reuben: \$8.99

Corned beef, sauerkraut & swiss on rye. Side of 1000island dressing.

Rachel: \$8.99

Turkey, coleslaw & swiss on rye. Side of 1000island dressing.

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